



Midtown Clinic Smoking Cessation

Initial visit is a covered benefit for the patient, with no out of pocket cost.

- A minimum of 10 minutes is spent with the patient
- Assess current smoking status
- Discuss past quit attempts
- Discuss contraindications to smoking cessation medications
- Understand mental health concerns
- Identify other resources: Help lines and support

There are 3 more visit that are allowed for the patient. These 3 visits will be subject to the patient's deductible.

- Around 15 minutes is spent with patient
- Review compliance with abstinence
- Review side effects and compliance with any prescribed medications
- Discuss mental health issues
- Discuss relapses/slips
- Reinforce help lines and support

Any visits after initial 4 are referred to EAP ComPsych at 855-823-5389

Online: guidanceresources.com

Company ID: SLC